

**Charity Registration No. SC009070 (Scotland)**

**Company Registration No. SC241372 (Scotland)**

**WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD**

**ANNUAL REPORT AND  
FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2020**

# WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD

## LEGAL AND ADMINISTRATIVE INFORMATION

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<b>Trustees</b>	Angela Betsy Jane Wilson Jan Law Elizabeth Johnston (Appointed 4 September 2019) Emma White Jacqueline Ramsay
<b>Charity number (Scotland)</b>	SC009070
<b>Company number</b>	SC241372
<b>Registered office</b>	Sangobeg House 4 Francis Street Dundee DD3 8HH
<b>Auditor</b>	Bird Simpson & Co 144 Nethergate Dundee DD1 4EB
<b>Bankers</b>	Unity Trust Bank plc PO Box 7193 4 Brindley Place Birmingham B1 2JB

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# WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD

## CONTENTS

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	Page
Trustees' report	1 - 16
Independent auditor's report	17 - 19
Statement of financial activities	20
Balance sheet	21
Statement of cash flows	22
Notes to the financial statements	23 - 33

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# **WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD**

## **TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2020**

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The trustees present their report and financial statements for the year ended 31 March 2020.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's constitution, the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended) and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016)

### **Objectives and activities**

The objective of the charity is to promote the relief of distress of women, children and young people, (including boys and young men up to the age of 18) who have experienced rape and/or form of sexual abuse at any time in their lives.

In furtherance of the above objects but not otherwise the company shall have the power to:

1. To promote awareness of the nature and extent of sexual violence and / or abuse and encourage the understanding and support of the public and other relevant bodies.
2. To promote and develop good practice within the company.
3. To promote and develop satellite and / or autonomous service user groups.
4. To support and assist the development of other relevant groups / organisations.
5. To undertake and encourage relevant research providing such research is compatible with the aims of the company.
6. To write, produce, publish and circulate; pamphlets, magazines, books, journals, leaflets, reports, any other documents or any visual, audio.

### **Our Vision and Mission Statement**

#### **Our Vision**

For a world free from sexual violence, abuse and exploitation and a society in which everyone has equality, freedom and choices to live the lives they want and thrive.

#### **Our Mission**

To support survivors who have experienced any form of sexual violence, abuse or exploitation in their lives.

To promote equality and raise public awareness of the routes of sexual violence and its damaging and life-changing effects.

# **WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD**

## **TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)** ***FOR THE YEAR ENDED 31 MARCH 2020***

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### **Achievements and performance**

You will see from the report that yet again, it has been a very busy year with many challenges.

### **NEW BOARD MEMBERS**

Throughout the majority of the reporting period, the board consisted of 4 members. I am pleased to report that having successfully recruited Emma White and Jacky Ramsay to the board in January 2019, they both settled in quickly and took up workstreams, easing pressure on other board members. They have excellent skills and experience which has helped us through a period of notable transition and increased board commitment.

### **MANAGEMENT RECRUITMENT**

The manager role is a challenging and demanding position and so we need to be certain we select the right candidate. After two unsuccessful rounds of recruitment in 18/19 we appointed Heather Williams as temporary manager. Heather is a consultant who is very experienced in the sector. She has done a fantastic job of bringing about stability and progress in several areas.

### **COVID-19**

This reporting period covers the start of Covid-19 lockdown and the unprecedented challenges that the organisation and staff faced. Led by Heather, staff were extremely flexible and accommodating in responding to new working practices in order to continue to deliver a high-quality service to service users. The board are extremely grateful to all of the staff and volunteers.

### **FUNDING**

As always, securing funding is an ongoing challenge. This year our funding from the Scottish Government for our Vice Versa project came to an end but we are pleased to say that we have received funding from Dundee Alcohol and Drug Partnership to continue our outreach work. Funding for our Angus Outreach service had also come to an end but we have just secured match funding from The Robertson Trust and Angus Council to restart this project in March 2020 and this will run for the next year.

### **THANK YOU**

We would like to express our deepest gratitude to our fantastically skilled and dedicated staff and volunteers who provide an excellent service, and who have remained focused throughout this challenging period.

Also, to our funders, partner agencies and public who's support enables us to change the lives of survivors of sexual violence, abuse and exploitation. And most importantly, we thank the survivors, who continue to inspire and motivate us with their courage and strength.

# WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

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### STATISTICS & KEY ACHIEVEMENTS

#### WHO ARE WE DELIVERING TOO?

In 2019-20 we continued to provide our Women's Support Service, Advocacy and Children and Young People's Service across Dundee and Angus and our Vice Versa Service in Dundee, as a result we had contact with 549 women and 90 young people.

#### One off contracts 20%



Cases in service  
80%

We have had **639** survivors through our Service and supported **160** one off contacts. People who used our Service ranged in age from 7 to 67.

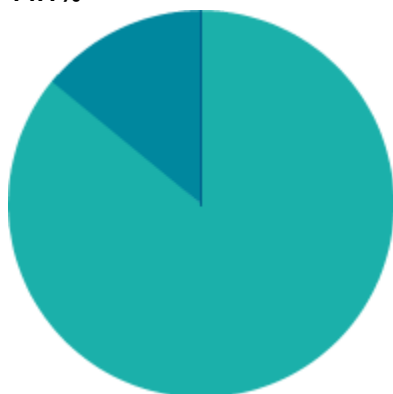
We supported 6 people who identify as males & 633 who identify as females.

*"Support has helped me with my confidence. That's played a big part in my mental health. I was too scared what other people thought and didn't care about myself". The most helpful thing was to get "all the negativity out my life". - Survivor, aged 15.*

*"I'm so glad to have had this counselling, I wrote it down as one of my gratitude's today." "I see the changes in myself when reading through my journal." - Survivor, in her 20s*

*"It calmed me down. It raised my self-awareness. It helped me understand things better. It was empowering." - Survivor, in her 50s.*

#### Under 19 14.1%



Over 19  
85.9%

# WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

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### Referral Sources

The majority of referrals we received are self referrals, either through our phone line or support email, other Agencies have been fantastic at signposting survivors to us too. In 2019 / 2020 alone, the NHS, Police Scotland and Dundee City Council referred 165 cases to us for emotional support or advocacy.

With our support 35% of our clients have reported that we have enabled them to have better support from other agencies; helping their voices to be heard and for them and their needs to be better understood.

### Location of Survivors

Our service covers the area of Dundee and Angus but we do sometimes work with survivors from other areas to support our sister centres across Rape Crisis Scotland. 72% - Dundee 24% - Angus 4% - Other parts of Scotland.

### The Difference We Made

We gather evaluation information from exit evaluations, feedback from survivors, partner agencies and staff observations. These show that we provide survivors a safe space that allows them to build a relationship with their Support Worker and to heal from their experiences; which has led to improvements in their health and wellbeing and positively impacted their relationships with others.

90% of survivors said that they have more ways to keep themselves safe emotionally.

85% said they had more ways to keep themselves safe physically.

50% reported some improvement with their physical health.

95% said that they feel better able to ask for what they need.

89.5% reported their mental health had improved.

63% told us their support network has improved.

### Specific Feedback From Survivors Included:

"Thank you for giving me the safe space to talk about my past, and to process the thoughts and feeling surrounding it".

***"She was really supportive, I felt listened to, safe and comfortable throughout the sessions".***

***"When I opened up about things I felt you were listening and were compassionate".***

***"I totally trust everything she said and that takes a lot for me. she really got me".***

Most importantly, though, we are in the business of working within our communities to change attitudes so we can, in the longer term, prevent and reduce sexual violence from happening in the first place.

### Trauma-Informed Approach

The evaluation information we gathered clearly shows that a trauma-informed approach which focuses on safety and stabilisation, remembrance and reconnection, is important for survivor's recovery. Feedback showed that for survivors, being able to talk about their emotions and having support to understand these and cope with them was extremely beneficial, particularly work around shame, blame and guilt.

***"I realise I blame myself for everything and for not getting out sooner. I know I need to work on that and that it's not all my fault". – Survivor***

***"Feel a bit less guilty – I should try not to blame myself because it is not my fault. I am not always responsible for other people's feelings and moods". - Survivor***

Core scores and evidence from our wellbeing wheels also showed us that feelings of suicidality have reduced and that self-esteem has increased.

# **WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD**

## **TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020**

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### **Developing Our Service:**

During this year we reflected on how we were providing our services and the impact that being on a waiting list for almost a year, had on women. We reviewed and adjusted our processes introducing an initial stage of short-term support which allows women to access support (around safety and stabilisation) nearer the point of referral.

We also held a Staff and Directors 'Development Day' which looked at the organisations core values and included an initial discussion about extending our service provision to adult males; something we are keen to explore if we can source the correct funding for this.

The time we spent as a team looking at our processes has allowed us to provide improved services to survivors. As a result of this we introduced processes to allow us to work with survivors in their own homes and identified locations throughout the city where we can offer support to women that can find it difficult to come to our centre. We started using these locations successfully.

### **Waiting List Review:**

We have reviewed our processes to address the waiting lists and waiting times that had built up within the service and implemented new ways of working to try and reduce these.

We started the year with a waiting list of 148 across all services and gradually over the year that number decreased to 43 by end March 2020.

This has been possible due to the new ways of working and also from bringing in new funding and increasing staffing levels in the Women's Support Service.

We hope that this will continue to lower waiting times for women accessing our services. However, we are unsure as to how the Covid-19 pandemic will impact how women will access and use our service.

### **Women's Support Service:**

Provides trauma-informed support to survivors in a one to one and group setting. We offer emotional and practical support on a one-to-one basis, by telephone, letter, email, or group work. Women are empowered to speak about their abuse in a safe, confidential environment. We provide structured support groups, a creative group, and telephone and crisis support. We also offer a complimentary therapy service to women engaging in the service.

***"The hardest thing is to face your demons but once you are here, you 're in a safe place"*** – Survivor

The Women's Support Service gave 3171 hours of support to survivors across Dundee and Angus, working with 255 women during the year delivering 1:1 sessions in the centre and in out-reach.

They also had 24 one off contacts where survivors rang to get information support or advice and often, we signpost and link them to other services.

A further 23 Crisis Support sessions were undertaken to support those on our waiting list who needed urgent support; totalling 44 hours.

Over the year the WSS average time was 223 days waiting, as we have explained due to new systems and increased staffing levels, we are already seeing a reduction here and hope that this will continue into 20/21.

***"I'm so glad to have had this counselling, I wrote it down as one of my gratitude's today"*** - Survivor



# **WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD**

## **TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020**

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### **GROUP WORK**

We also provided a weekly support group for adult survivors. The adult group uses creative activities as a way of bringing people together for peer support. Thirty different survivors attended as active participants of Creative/Peer Support Group and over the year 417 hours of support was offered via group work; this included the Creative Group who met weekly at the centre along with our weekly Peer Support Group, Yoga and other ad hoc group work undertaken within the centre.

### **PARTNERSHIP WORKING**

In October 2019, we successfully delivered our first women's 'Survive & Thrive' Group Work Programme in partnership with Dundee Women's Aid.

This saw 10 women, 5 from WRASAC and 5 from Dundee Women's Aid, being brought together to participate in a 10-week psycho-educational programme designed for people who had experienced trauma in their lives.

The course provided information about abuse and trauma and how this may have affected them. The course not only helped individuals learn how to make themselves safer, but also offered an opportunity of learning new coping strategies whilst also sharing coping skills with each other. Of the five women from WRASAC who engaged with the programme, four completed the course. Five women engaged from Dundee Women's Aid and of those women two remained.

***"I found the course really interesting and although experienced 'triggers', I felt held, heard and supported throughout... the skills and knowledge of the facilitators shone through.... I felt safe within the group to work through my anxiety and fears"***

### **ADVOCACY**

The Advocacy service is part of the national Rape Crisis Scotland Project which was launched in February 2016. Our Support and Advocacy Workers give dedicated advocacy support for survivors of sexual violence who have reported or are considering reporting the offences to the police.

In 2019-20 our advocacy service has provided support to 176 service users over the last year and supported a further 27 survivors through one off contacts, totalling **824 hours of support**.

Referrals came from a variety of sources though predominately self-referrals and through the National Referral Mechanism.

#### **The National Advocacy Project has three broad aims:**

To improve the support available to survivors of rape and serious sexual crime

To improve the experience of the criminal justice process for survivors of rape and serious sexual crime.

The development of a better understanding of survivors' motivations to proceed or not to proceed with the criminal justice process and the difference advocacy support makes to this decision.

***"I don't know where I would be without you. I dread to think about how it is for people who don't have people like you. I feel like I understand things more." – Survivor***

***"Just want to say thank you for all you have done, you were my rock for months and I couldn't be where I am today without you. Thank you so much you have my undying gratitude" – Survivor***

### **Sexual Assault Referral Network (SARN)**

Our partnership with NHS, RASAC Perth & Kinross, Police Scotland and Rape Crisis Scotland continues where survivors are able to access the new forensic suite out of hours and they do not have to make a formal complaint in order to do so.

Survivors are able to come and access an examination and their forensics can held for up to 7 years; this puts them in control, preserving forensics but giving them the time and space to decide if a police investigation is the best option for them. The new suite which opened on 1st April 2019 is another important development in improving survivor's experiences of the justice system.

# WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

*"The new facility is bright, spacious and less intimidating. I feel that it is a massive improvement and although it cannot make any incident less traumatic, it is a safe place and will make the whole process that little bit easier.... The new facility is separate to the police station which means that if an incident occurs you're able to have the medical/forensic aspect done and then you're completely in control. There is no pressure, they will support you in your choices and should you decide you want to report the crime you have the forensics there when you're ready."*

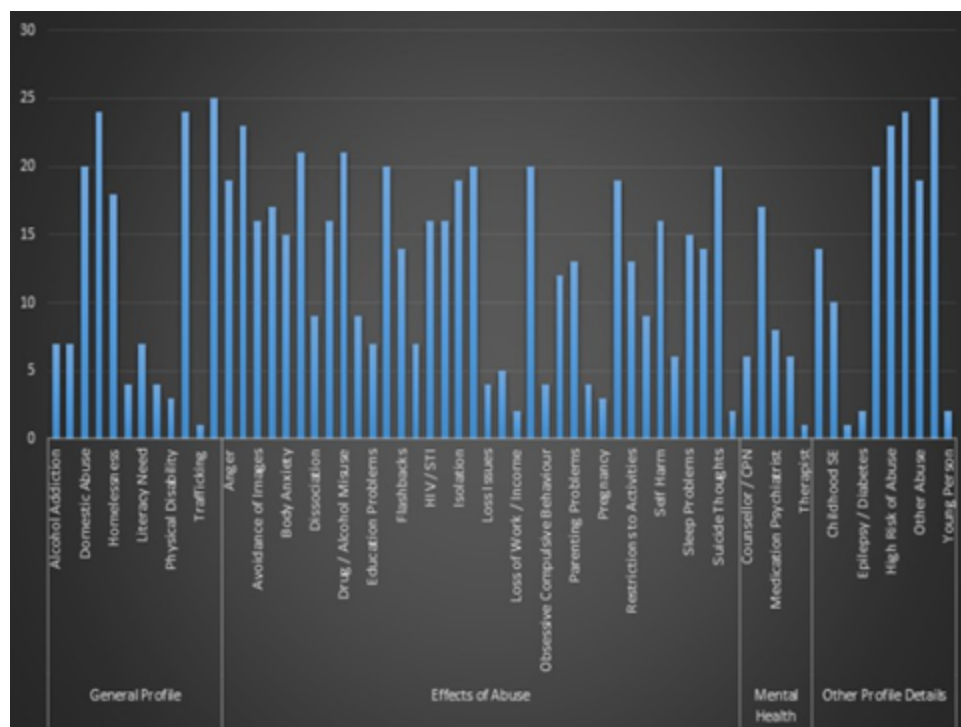
### VICE VERSA & CLICK:

Vice Versa supports women who are involved in or at risk of involvement in prostitution or Commercial Sexual Exploitation (CSE) in Dundee. This project is funded by Dundee Drugs and Alcohol Partnership for a further 12 months after our funding ended in March 2019.

Our aims were too

1. Improve the Recovery Outcomes for women.
2. Increase support to women and families.
3. Ensure a sustainable provision of support across all localities in Dundee.
4. Reduce the risk of harm women experience as a result of substance use and involvement in CSE.
5. Improve and increase partnership working.

During 19/20 we supported 32 women and provided 480 hours of support to survivors within the Vice Versa service. The women we work with in this service often have complex needs – such as substance use, homelessness, mental health issues and extensive experience of sexual violence and trauma. In comparison to the other women who use our service the profile and effects of abuse are more extensive across the women we work with in this service as illustrated in the graph below.



Vice Versa support focuses on supporting women with these issues by supporting women to engage with mainstream support services and advocating on their behalf to access the support they need and are entitled to.

Vice Versa takes a harm reduction approach to women's involvement in prostitution and provides safety packs and safety advice to women involved whilst supporting women to exit if they choose to do so.

# WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

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This can sometimes be challenging due to women regularly being in crisis and having a chaotic lifestyle – however we endeavour to provide a support service that revolves around the woman and tries to make engaging with Vice Versa support as easy as possible – such as by providing outreach support.

We want to ensure that Women have access to support at an early stage, have increased engagement with services and support and feel better supported.

***"Yeah I can speak to you about anything and there is no judgement there. You know what a sh\*tty time I have had this year, and I know I have messed about appointments but you still want to see me and help me, not many people would"*** - Survivor July 2019.

After supporting to attend housing support appointment - Asked if that has given her a bit of hope for the future as she was feeling very low the last time I seen her - M agreed that it has given her motivation and a 'light at the end of the tunnel' Survivor – March 2020.

After visiting woman being treated in Carseview, she said she ***"I always feels reassured by Vice Versa"*** and knows that we ***"always work in my best interests so I know I can trust you"*** – Survivor December 2019.

### PARTNERSHIP WORKING

#### Out of Hours Drop-in

In the Autumn of 2019, we begun a successful partnership between Vice Versa, We Are With You, Outreach Community Nursing and Maryfield Police to support women involved in selling or exchanging sex.

The Scotty Centre project has meant that we have been able to support women who may struggle to engage with services during office hours and has meant that we are able to support women in real time whilst they are out and involved in on-street prostitution as our location is located in a frequented area of Dundee.

The women are able to discretely engage with the services and can receive essentials – hot food and drink, toiletries, safety precautions (such as condoms and safety alarms), see the nurse for any health issues and potentially engage with longer term support from the services. This project has allowed women who are perhaps hesitant to engage with services, a chance to build up trust and relationship with us. Some of the women who use the Scotty Centre are women who Vice Versa already supports, and they use it as a check in point and as a reliable point of support every fortnight.

### CSE WORKING GROUP

We attended meetings of the newly formed CSE working group this has meant that VAW services can come together to share information and service updates with each other. Vice Versa has been able to feedback information regarding women's experiences of CSE and submitted case studies for the group to review.

The CSE group is currently working on official guidance for the wider workforce who may come into contact with women involved in CSE (such as Housing) and how to effectively identify and respond to women's needs. The CSE group is also working towards how to effectively challenge the demand for prostitution in a local media campaign.

### NEW PROJECT-CLICK

We have worked with partners in the national CLICK project to develop specific support for women involved in selling or exchanging sex online, as part of this we recruited and inducted a new member of staff to the service, and she has worked with national partners to develop and embed the service including an anonymous online chat function.

This service has been developed as selling sex encompasses an array of different forms and is no longer the exclusive domain of the physical act in exchange for payment. Escorting, lap-dancing, pornography, private galleries, stripping and web-camming are all forms of selling sex. Selling sex online has its own unique set of risks, in addition, an increased risk of stalking, online harassment and doxing.

# WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

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### DUNDEE AND ANGUS YOUNG SURVIVORS (DAYS):

We offer confidential and emotional and practical support to all young survivors who have experienced rape, sexual assault, sexual abuse, child sexual exploitation or sexual bullying. This support is for children and young people of all gender identities, aged 12-18 who live in the Dundee and Angus area.

Through 2019/20 DAYS staff have worked with 48 Children and Young People, delivering 1:1 support. They also had 24 one off contacts and supported 10 young people with crisis sessions, while they were waiting for support; totalling 1115 hours of support all together.

We supported:

31 young survivors aged 16 - 18.

8 young survivors aged 19 – 25.

7 young survivors Aged 12 – 15.

2 young survivors aged 6 – 11.

### DAYS CASE STUDY:

As a result of his experience of sexual abuse Jack (not his real name) reported that he felt anxious and depressed and that he suffered from flashbacks and intrusive thoughts. Jack also felt isolated from his friends and that his confidence had been affected by what happened. He spoke about spending time sitting on the 'friendship bench' during school break times but no one would come and talk to him. In addition, Jack had difficulty sleeping and was self-harming daily. When I first met with Jack, we completed a 'star chart' to help us talk about different areas of Jack's life, what was going well and what he would like support with. Jack identified that he would like help with coping strategies, his emotional health and his confidence. The first thing that Jack wanted support with was how to cope when he starts high school after the summer because he will be at the same high school as the perpetrator. We used the 'Feelings Blob Cards' to help Jack discuss how he is feeling about starting high school and to identify his worries. We also discussed how Jack could react when he sees the perpetrator and made a pros and cons list for the different options of how he could manage this situation. Jack said that what was most helpful about the support he received that day was "Learning a coping strategy for when I see ... (the perpetrator) ... in the corridor at high school." In his feedback Jack said that prior to starting support he felt "scared, hurt and sensitive" and after support finished, he felt "happy and loved". At the start of support, he rated his mental health at 5/10 because "I'm just generally not that happy just now". At the end of support, he rated his health (including his mental health) at 9/10. At the start of support, he rated his ability to cope at 6/10 because ***"I often self-harm"***. At the end of support, he rated his ability to cope at 9/10, stating ***"Since we started coping strategies I've been way better at coping. I don't stress as much. I don't self-harm as much."***

### FAMILY AND FRIENDS SUPPORT

As part of the DAYS service we also offer Support Sessions to parents and carers of the children and young people who access our service. In 2019/20 we worked with 10 individuals in our Family and Friends, offering 46 hours of support.

***"Knowing about freezing helps me understand what happened to my son and why he is behaving as he is."*** - Family member

# WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

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### INTRODUCTION OF GROUP WORK

This year we have successfully run groups within our children and young people's service for the first time. We ran a weekly group for young people on the waiting list for one-to-one support from October – December 2019. This covered topics such as 'what is sexual abuse', 'coping strategies', and 'who is in your support network'. One young person said that she appreciated coming to group and meeting other "people who know what you've been through". She described group as **"like a hug for your soul"**.

From September DAYS was supported by a placement student from Dundee University. Amy was in her 4th year of BA (Hons) Community Education and was required to carry out a research project during her internship with WRASAC. Working with young people following support had been identified as potentially beneficial to survivors. In November, we invited young women who had completed, had almost completed or had accessed other support, to meet with us to talk about a new project. Broadly, the group was asked to consider how they might use their own experiences to support or help others.

### NEW CYP 'BB GROUP'

There were 7 young women, aged 12 to 18, with a core group of 6 who attended weekly. They have chosen to call themselves the 'BB Group' and have decided that they would like to work on producing something to help guidance teachers to better support young people with experience of sexual abuse.

The group also took part in recruitment for a new support work and manager, a contribution which has been beneficial to the organisation as well as giving the girls a real sense of their value as contributors.

Whilst the group may not be progressing the project at the moment they continue to provide each other with support. This was a clear feature of the benefits identified by Amy in her research. As she concluded, **"The participants feel they can use their experience throughout this process to raise awareness and educate others, but also to relate to one another."**

**Inclusion is a key theme as each participant spoke about the importance of being included in decision making processes."** The young women noted that **"we understand each other's vibes"** and **"I have made so many friends, knowing I have them makes it easier to cope"**.

# **WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD**

## **TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)** **FOR THE YEAR ENDED 31 MARCH 2020**

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### **PREVENTION:**

During this year we delivered our prevention session 1042 young people across Dundee and Angus. Four schools who had not had previous contact with the Prevention Project registered interest this year and we managed to deliver workshops in two of them. We successfully engaged in collaborative working with Lauren O'Rourke at University of Dundee with staff and students. Training was well received by staff and the group of 8 students were very enthusiastic about becoming peer 'mentors' We delivered Pornography & Sexting, Commercial Sexual Exploitation and the Impact of Rape and Sexual Abuse workshops during 16 days in Dundee and Angus and successfully organized our annual Reclaim the Night March, as part of this we had engagement from students in banner making workshop at the University of Dundee.

### **AWARENESS RAISING:**

We had a busy year of raising awareness of Gender Based Violence in 2019 / 2020. We took part in Sexual Violence Awareness Week in February, Dundee Pride in September and Reclaim the Night. We also held our annual Wellbeing event in March 2020.

### **DUNDEE PRIDE 2019**

WRASAC took part in the Pride Parade Pride Market and had a stall in the Pride Village at Slessor Gardens. The event was attended by staff and service users and was a tremendous success.

### **RECLAIM THE NIGHT 2019**

Marchers in Dundee took to the streets last night to campaign against sexual violence against women. The marchers met near the Steeple Church and headed to City Square as part of this year's Reclaim the Night.

### **PRESS COVERAGE**

There was wide coverage of our work in the local papers during this period:

The response to some of these articles in the comments was mixed particularly in relation to prostitution as a form of Violence Against Women and this has informed work in our Prevention project which then fed in to the CSE Working Group.

### **COVID -19**

WRASAC began putting in place contingency plans in response to the COVID-19 crisis in February 2020, our aim was to ensure we could maintain service provision as much as possible while protecting staff and service users. We made arrangements with current service users to move support from face to face to phone/video call and updated safety plans to reflect the possibility of a lockdown ensuring that we would be able to maintain contact where it was safe to do so. We reviewed our procedures for running face to face sessions and developed processes to ensure that this could continue safely, if government guidelines allowed.

### **WORKING ARRANGEMENT**

We moved staff out of our offices, and they began working from home ahead of the National Lockdown, thanks to additional funding from the Scottish Government we were able to upgrade IT equipment to support this move to remote working.

Violence Against Women Services were identified as key services during the lockdown period and beyond as it was recognised that action taken by the government to control the pandemic increased women and children's risks.

We were able maintain support services to women, children and young people. We applied for funding to help support women, children and young people over this time by providing supermarket vouchers to help with the increased costs of families being at home, dongles and equipment to allow them to access support online, wellbeing packs for women and craft packs for children and young people to help deal with the increased anxiety levels experienced by many due to the pandemic.

### **A BIGTHANK YOU**

Thanks to the flexibility and commitment shown by our staff team we have been able to maintain a high level of service provision over the lockdown period.

**TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)**  
***FOR THE YEAR ENDED 31 MARCH 2020***

We hope that women who came along to had fun, experienced relaxing complementary therapies and discovered strengths they didn't know they had by getting involved in taster sessions of activities such as fencing and singing. We also had spaces to chat and connect with others, but also to chill if you needed some quiet time. Below are some pictures from the day.



# WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

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### Future Plans

We plan to continue to deliver our much needed support through our Women's Support Service, Advocacy, DAYS, Vice Versa and CLICK services.

1. We will be responsive to the changing conditions as a result of Covid 19.
2. We have a number of funding streams due to end in this coming financial year and will work to ensure that our funding situation is sustainable.
3. We plan to review our group work provision to adult survivors.
4. We plan to continue discussions re extending our service provision to adult males.
5. We will recruit a Deputy Manager to support our new Manager who will both start in this financial year.

### Financial Review

First, we acknowledge the difference between Unrestricted reserves and Restricted reserves. The latter being those unspent surpluses of restricted revenue grants for which expenditure is committed and will usually be incurred in the immediately following financial year.

We also distinguish between designated reserves representing the net book value of our tangible fixed assets, which are therefore not cash reserves.

Our reserves policy is therefore only concerned with the Unrestricted cash reserves of WRASAC, both income and expenditure, and accumulated surpluses.

For the sake of clarity, WRASAC's reserves position is as follows:

	<b>2020</b>	<b>2019</b>
Total Reserves	£85,223	£130,332
Less-Designated Reserves	(25,821)	(26,726)
Less-Restricted Reserves	<u>(21,335)</u>	<u>(71,223)</u>
Unrestricted Cash Reserves	<b><u>£38,067</u></b>	<b><u>£32,383</u></b>

It is the aspiration of the trustees to maintain free reserves sufficient to enable them to meet the growing demands on the service, it's future developments and to ensure in the event of closure it can meet 3 months running costs.

Based on the accounts for the year ended 31st March 2020, ordinary expenditure for 3 months amounts to £153,418 (2019 : £132,014). At the balance sheet date, the charity held unrestricted reserves of £38,067 (2019 : £32,383), as well as a cash fund of £20,000 (2019 : £20,000) designated as a capital fund.

The trustees have, and will continue to seek, creative ways to build free reserves and are confident that the target illustrated above will ultimately be met. This position will be reviewed annually.

### Results

The charity incurred a net deficit of £45,109 for the year ended 31st March 2020 (2019 : surplus £44,474). At the balance sheet date, reserves stood at £85,223 (2019 : £130,332) with £38,067 of these being unrestricted free reserves (2019 : £32,383).

The trustees has assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.



**WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS  
LTD**

**TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)**  
***FOR THE YEAR ENDED 31 MARCH 2020***

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# **WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD**

## **TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)**

***FOR THE YEAR ENDED 31 MARCH 2020***

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### **Structure, governance and management**

The charity is a company limited by guarantee and is therefore governed by a memorandum and articles of association, which are known as "the constitution".

Our Board of Governors work well together and have worked hard to develop a number of strategic plans and ensure appropriate governance and support to the organisation despite being few in number.

We have made some bold decisions over the last few years to improve our organisational governance, management and leadership. We have moved from a collective to a management structure in 2013, with just one manager in place. In 2017 we agreed to move to a more realistic and effective structure, we now have a new Operations Manager, Katie Hardy-Jensen, and as part of our restructuring, we continue our search for a new Deputy Manager to support Katie in her new role.

We have agreed our Strategic Plan 2018-2023 and Fundraising Strategy. The board have also been proactive in seeking support and guidance on how to improve our governance. To this end we completed an Organisational Health Check with the Voluntary Action Fund and we are in the process of working towards our Good Governance Award.

We continue to prioritise attracting more board members, particularly those with a financial, fund raising and Human Resource management skills.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Angela Betsy Jane Wilson

Jan Law

Angela Vettraino

(Resigned 7 August 2019)

Elizabeth Johnston

(Appointed 4 September 2019)

Emma White

Jacqueline Ramsay

### **Key management remuneration**

In the opinion of the trustees there is one member of key management, the CEO. In 2019-20 the total remuneration to this position (including employer's pension contribution) was £38,282 (2019 : £42,829).

# WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

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### Statement of trustees' responsibilities

The trustees, who are also the directors of Women's Rape And Sexual Abuse Centre Dundee And Angus Ltd for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended) and the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### Auditor

In accordance with the company's articles, a resolution proposing that Bird Simpson & Co be reappointed as auditor of the company will be put at a General Meeting.

The trustees' report was approved by the Board of Trustees.



**Angela Betsy Jane Wilson**

Trustee

Dated: 24 March 2021

# **WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD**

## **INDEPENDENT AUDITOR'S REPORT**

### **TO THE TRUSTEES OF WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD**

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#### **Opinion**

We have audited the financial statements of Women's Rape And Sexual Abuse Centre Dundee And Angus Ltd (the 'charity') for the year ended 31 March 2020 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2020 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and regulation 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended).

#### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### **Conclusions relating to going concern**

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charity's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

#### **Other information**

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

# **WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD**

## **INDEPENDENT AUDITOR'S REPORT (CONTINUED)**

### **TO THE TRUSTEES OF WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD**

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#### **Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters in relation to which the Charities Accounts (Scotland) Regulations 2006 (as amended) require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees' report; or
- proper accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

#### **Responsibilities of trustees**

As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

#### **Auditor's responsibilities for the audit of the financial statements**

We have been appointed as auditor under section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: <http://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

# **WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD**

## **INDEPENDENT AUDITOR'S REPORT (CONTINUED)**

### **TO THE TRUSTEES OF WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD**

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#### **Use of our report**

This report is made solely to the charity's trustees, as a body, in accordance with regulation 10 of the Charities Accounts (Scotland) Regulations 2006. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.



**Murray A Dalgety (Senior Statutory Auditor)**  
**for and on behalf of Bird Simpson & Co**

.....

**Chartered Accountants**  
**Statutory Auditor**

144 Nethergate  
Dundee  
DD1 4EB

Bird Simpson & Co is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under of section 1212 of the Companies Act 2006.

# WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

**FOR THE YEAR ENDED 31 MARCH 2020**

	Notes	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £	Total 2019 £
<b><u>Income and endowments from:</u></b>					
Donations and legacies	3	13,398	540,668	554,066	569,380
Investments	4	180	-	180	152
Other income	5	14,318	-	14,318	3,000
<b>Total income</b>		<b>27,896</b>	<b>540,668</b>	<b>568,564</b>	<b>572,532</b>
<b><u>Expenditure on:</u></b>					
Charitable activities	6	23,561	590,112	613,673	528,058
<b>Net incoming/(outgoing) resources before transfers</b>		<b>4,335</b>	<b>(49,444)</b>	<b>(45,109)</b>	<b>44,474</b>
Gross transfers between funds		444	(444)	-	-
<b>Net income/(expenditure) for the year/ Net movement in funds</b>		<b>4,779</b>	<b>(49,888)</b>	<b>(45,109)</b>	<b>44,474</b>
Fund balances at 1 April 2019		59,109	71,223	130,332	85,858
<b>Fund balances at 31 March 2020</b>		<b>63,888</b>	<b>21,335</b>	<b>85,223</b>	<b>130,332</b>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

# WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD

## BALANCE SHEET

AS AT 31 MARCH 2020

	Notes	2020 £	£	2019 £	£
<b>Fixed assets</b>					
Tangible assets	9		5,821		6,726
<b>Current assets</b>					
Debtors	11	25,943		26,496	
Cash at bank and in hand		117,357		125,770	
		<u>143,300</u>		<u>152,266</u>	
<b>Creditors: amounts falling due within one year</b>	12	(63,898)		(28,660)	
Net current assets			79,402		123,606
<b>Total assets less current liabilities</b>			<u>85,223</u>		<u>130,332</u>
<b>Income funds</b>					
Restricted funds	14		21,335		71,223
<u>Unrestricted funds</u>					
Designated funds:					
Designated-Fixed Assets		5,821		6,726	
Designated-Capital Fund		20,000		20,000	
		<u>25,821</u>		<u>26,726</u>	
General unrestricted funds	15	38,067		32,383	
			63,888		59,109
			<u>85,223</u>		<u>130,332</u>

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 24 March 2021

*Angela Betsy Jane Wilson*

Angela Betsy Jane Wilson  
Trustee

Company Registration No. SC241372



# WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD

## STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2020

	Notes	2020 £	£	2019 £	£
<b>Cash flows from operating activities</b>					
Cash (absorbed by)/generated from operations	18		(6,903)		2,143
<b>Investing activities</b>					
Purchase of tangible fixed assets		(1,690)		(7,820)	
Interest received		180		152	
<b>Net cash used in investing activities</b>			(1,510)		(7,668)
<b>Net cash used in financing activities</b>			-		-
<b>Net decrease in cash and cash equivalents</b>			(8,413)		(5,525)
Cash and cash equivalents at beginning of year			125,770		131,295
<b>Cash and cash equivalents at end of year</b>			117,357		125,770

# **WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD**

## **NOTES TO THE FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2020**

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### **1 Accounting policies**

#### **Charity information**

Women's Rape And Sexual Abuse Centre Dundee And Angus Ltd is a private company limited by guarantee incorporated in Scotland. The registered office is Sangobeg House, 4 Francis Street, Dundee, DD3 8HH.

#### **1.1 Accounting convention**

The financial statements have been prepared in accordance with the charity's [governing document], the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended) and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

#### **1.2 Going concern**

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### **1.3 Charitable funds**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

#### **1.4 Income**

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

#### **1.5 Expenditure**

# WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

**FOR THE YEAR ENDED 31 MARCH 2020**

### 1 Accounting policies

(Continued)

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

#### 1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Computers & office equipment	25% Straight line
------------------------------	-------------------

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

#### 1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

#### 1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### 1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

#### **Basic financial assets**

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

# WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2020

---

### 1 Accounting policies

(Continued)

#### **Basic financial liabilities**

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

#### **Derecognition of financial liabilities**

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

#### **1.10 Employee benefits**

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

#### **1.11 Retirement benefits**

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

### 2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

# WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

### 3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Total
	2020 £	2020 £	2020 £	2019 £
Donations and gifts	13,398	-	13,398	4,754
Grants	-	540,668	540,668	564,626
	<u>13,398</u>	<u>540,668</u>	<u>554,066</u>	<u>569,380</u>
<b>For the year ended 31 March 2019</b>	<u>14,899</u>	<u>554,481</u>		<u>569,380</u>
<b>Unrestricted grant income</b>	<b>2020 £</b>			
	<u>-</u>			

A full breakdown of Restricted Fund grant income is provided in note 14.

### 4 Investments

	Unrestricted funds	Unrestricted funds
	2020 £	2019 £
Interest receivable	<u>180</u>	<u>152</u>

### 5 Other income

	Unrestricted funds	Unrestricted funds
	2020 £	2019 £
Employment Allowance	3,000	3,000
Maternity Allowance	11,318	-
	<u>14,318</u>	<u>3,000</u>

# WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

### 6 Charitable activities

	2020 £	2019 £
Staff costs	505,420	430,376
Depreciation and impairment	2,595	2,242
Additional staff costs	23,627	28,055
Volunteer costs	1,310	4,068
Service user costs	6,995	4,879
Resources/publicity	4,044	3,183
Overheads	69,682	55,255
	<u>613,673</u>	<u>528,058</u>
	<u>613,673</u>	<u>528,058</u>
<b>Analysis by fund</b>		
Unrestricted funds	23,561	19,914
Restricted funds	590,112	508,144
	<u>613,673</u>	<u>528,058</u>

### 7 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year (2019 : Nil).

# WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

### 8 Employees

#### Number of employees

The average monthly number of employees during the year was:

	2020 Number	2019 Number
Office and project staff (FTE)	18	15

#### Employment costs

	2020 £	2019 £
Wages and salaries	441,202	376,476
Social security costs	39,336	33,120
Other pension costs	24,882	20,780
	505,420	430,376

There were no employees whose annual remuneration was £60,000 or more.

### 9 Tangible fixed assets

	Computers & office equipment £
<b>Cost</b>	
At 1 April 2019	37,128
Additions	1,690
At 31 March 2020	38,818
<b>Depreciation and impairment</b>	
At 1 April 2019	30,402
Depreciation charged in the year	2,595
At 31 March 2020	32,997
<b>Carrying amount</b>	
At 31 March 2020	5,821
At 31 March 2019	6,726

# WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2020

<b>10</b>	<b>Financial instruments</b>		<b>2020</b>	<b>2019</b>
			<b>£</b>	<b>£</b>
	<b>Carrying amount of financial assets</b>			
	Debt instruments measured at amortised cost		21,000	19,191
			<u>          </u>	<u>          </u>
	<b>Carrying amount of financial liabilities</b>			
	Measured at amortised cost		39,002	28,660
			<u>          </u>	<u>          </u>
<b>11</b>	<b>Debtors</b>		<b>2020</b>	<b>2019</b>
			<b>£</b>	<b>£</b>
	<b>Amounts falling due within one year:</b>			
	Trade debtors		21,000	19,191
	Prepayments and accrued income		4,943	7,305
			<u>          </u>	<u>          </u>
			25,943	26,496
			<u>          </u>	<u>          </u>
<b>12</b>	<b>Creditors: amounts falling due within one year</b>		<b>2020</b>	<b>2019</b>
		<b>Notes</b>	<b>£</b>	<b>£</b>
	Deferred income	<b>13</b>	24,896	-
	Trade creditors		6,550	8,706
	Other creditors		32,452	19,954
			<u>          </u>	<u>          </u>
			63,898	28,660
			<u>          </u>	<u>          </u>
<b>13</b>	<b>Deferred income</b>		<b>2020</b>	<b>2019</b>
			<b>£</b>	<b>£</b>
	Other deferred income		24,896	-
			<u>          </u>	<u>          </u>

In 2019/20 deferred income was in the sum of £24,896 in relation to revenue grants received from Scottish Government - RCS and VAW (2019 - Nil).



# WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2020

#### 14 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds				
	Balance at 1 April 2019	Incoming resources	Resources expended	Transfers	Balance at 31 March 2020
	£	£	£	£	£
Angus Outreach	10,732	21,000	(12,056)	1,324	21,000
Comic Relief-Young People Support	44,291	-	(39,155)	(5,136)	-
Big Lottery	-	100,623	(91,841)	-	8,782
Children In Need	12,329	42,159	(40,351)	-	14,137
RCS Advocacy	-	72,000	(75,181)	3,181	-
Women's Support Service Senior	-	15,000	(7,500)	-	7,500
Violence Against Women and Girls	-	37,187	(49,363)	-	(12,176)
Morrison's Foundation	1,070	-	(357)	-	713
Rape Crisis Specific	-	37,500	(47,849)	-	(10,349)
RCS-Prevention	-	23,945	(24,132)	187	-
University of Abertay-Prevention	-	6,500	(6,500)	-	-
Scottish Government	-	74,000	(73,393)	-	607
Women's Support Service Dundee	-	56,724	(53,161)	-	3,563
Vice Versa	-	41,667	(43,861)	-	(2,194)
Therapies	2,801	-	(2,801)	-	-
Covid-19	-	-	(604)	-	(604)
Wellbeing Fund	-	-	(49)	-	(49)
Women's Support Encompass Network	-	-	(96)	-	(96)
Click Partnership Vice Versa	-	12,363	(21,862)	-	(9,499)
	<u>71,223</u>	<u>540,668</u>	<u>(590,112)</u>	<u>(444)</u>	<u>21,335</u>

The balance remaining on the Morrison's Foundation fund of £713 relates to the book value of office equipment purchased specific to this fund. The balance will be written off through depreciation over the next 2 years.

There is £896 of IT equipment within the balance of £14,137 in the Children In Need fund which will be depreciated over the next 2 years.

Additionally, there is £450 of IT equipment within the balance of £607 in the Scottish Government fund which will be depreciated over the next 3 years.

Additionally, there is £750 of IT equipment within the balance of (£9,499) in the Click Partnership Vice Versa fund which will be depreciated over the next 3 years.

Additionally, there is £67 of IT equipment within the balance of (£49) in the Wellbeing Fund fund which will be depreciated over the next 3 years.

# WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2020

### 14 Restricted funds

(Continued)

**Angus Outreach** - Supports the provision of trauma informed support to survivors of sexual violence and abuse on an outreach basis across rural Angus, increasing accessibility to women.

**Comic Relief - Young People Support** - To support young male, female and trans survivors (aged 11-18) of rape, sexual abuse and exploitation through our independent Young Peoples' Service - DAYS - Dundee and Angus Young Survivors' Project.

**Children In Need** - To support young male, female and trans survivors (aged 11-18) of rape, sexual abuse and exploitation through our independent Young Peoples' Service - DAYS - Dundee and Angus Young Survivors' Project.

**RCS Advocacy** - This project is part of the Rape Crisis Scotland National Advocacy Project which is funded by the Scottish Government. It aims to provide support and advocacy to survivors who have engaged or are considering engaging with the criminal justice system following a sexual crime.

**Befriending & Volunteering** - This includes income and expenditure associated with the befriending work undertaken by the charity and for the recruitment, training and support of volunteers.

**Women's Support and Service** - Funds our Team Leader - Women's Support Service who has responsibility for the operational management of the service.

**Scottish Government - Violence Against Women and Girls** - This Scottish Government funding supports the provision of trauma informed support to survivors of sexual violence and abuse, improved partnership working and reducing the prevalence of sexual violence and abuse.

**Morrison's Foundation** - The provision of funding to help us renovate our support rooms in the centre making them feel safe and welcoming.

**Rape Crisis Specific Fund** - This Scottish Government funding supports the provision of trauma informed support to survivors of sexual abuse and violence, improved partnership working and reducing the prevalence of sexual violence and abuse.

**RCS-Prevention** - This project is part of the Rape Crisis Scotland National Prevention Project which is funded by the Scottish Government. It focuses on sexual violence prevention work with young people, for example, in schools, youth settings and universities.

**University of Abertay - Prevention** - Providing funding to work with the University of Abertay Student Union.

**Scottish Government**- Waiting lists, funding provided by the Scottish Government to help Rape Crisis Centres tackle their waiting lists.

**Women's Support Service Dundee**- Funding received from Dundee Health and Social Care Partnership to support the provision of services to women with experiences of rape, sexual abuse and exploitation.

**Vice Versa** - To provide support to women involved in prostitution and sexual exploitation, addressing their drug and alcohol, mental health, housing and offending issues.

**Therapies** - To allow women to find and explore alternative coping strategies and relaxation techniques.

# WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2020

### 14 Restricted funds

(Continued)

**Big Lottery** – Supports the provision of our Trauma Informed women's support service, providing 1;1 support, advocacy's and group activities including gardening to survivors of sexual violence and abuse.

**Covid-19** – Support from the Scottish Government to enable the continued delivery of services, minimising the disruption to these essential services, primarily by covering the costs of a move to remote working across Scotland wherever possible. Contributing to 6 months of costs for adapting our services to meet the challenges of provision in the context of the coronavirus, including additional cleaning costs, costs for staff and clients to travel by taxi to centres to attend face to face sessions where allowed, and working from home costs/payments to staff.

**Wellbeing Fund** – Funded for to encourage, support and increase the wellbeing of survivors isolated during the pandemic. Wellbeing and resilience packs, food vouchers and online EFT and complementary therapies sessions were provided.

**Women's Support Encompass Network** – Contributed towards 4 months of core costs for the Vice Versa project and additional support for women in response to the effect the COVID-19 pandemic has had on them; support with emergency payments for gas and electricity and food parcels and winter clothing.

**Click Partnership Vice Versa** – Partnership of organisations working together across Scotland to support women\* who sell or exchange sex or sexual images online. Providing live chat, one to one support, information and resources.

### 15 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Movement in funds			
	Balance at 1 April 2019	Incoming resources	Resources expended	Balance at 31 March 2020
	£	£	£	£
Designated-Fixed Assets	6,726	1,690	(2,595)	5,821
Designated-Capital Fund	20,000	-	-	20,000
	<u>26,726</u>	<u>1,690</u>	<u>(2,595)</u>	<u>25,821</u>

**Designated - Fixed Assets** - Represents the net book value of the charity's tangible fixed assets. Annual depreciation is charged to the fund and additions transferred to it.

**Designated - Capital Fund** - A fund established with the ultimate objective of the charity purchasing or building new premises.

# WOMEN'S RAPE AND SEXUAL ABUSE CENTRE DUNDEE AND ANGUS LTD

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2020

### 16 Analysis of net assets between funds

	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £	Unrestricted funds 2019 £	Restricted funds 2019 £	Total 2019 £
Fund balances at 31 March 2020 are represented by:						
Tangible assets	2,946	2,875	5,821	4,313	2,413	6,726
Current assets/ (liabilities)	60,942	18,460	79,402	54,796	68,810	123,606
	<u>63,888</u>	<u>21,335</u>	<u>85,223</u>	<u>59,109</u>	<u>71,223</u>	<u>130,332</u>

### 17 Related party transactions

There were no disclosable related party transactions during the year (2019 - none).

### 18 Cash generated from operations

	2020 £	2019 £
(Deficit)/surplus for the year	(45,109)	44,474
Adjustments for:		
Investment income recognised in statement of financial activities	(180)	(152)
Depreciation and impairment of tangible fixed assets	2,595	2,242
Movements in working capital:		
Decrease/(increase) in debtors	553	(22,774)
Increase in creditors	10,342	453
Increase/(decrease) in deferred income	24,896	(22,100)
<b>Cash (absorbed by)/generated from operations</b>	<u>(6,903)</u>	<u>2,143</u>